

# Menu

## September 2017

Monday	Tuesday	Wednesday	Thursday
<p><i>Senior Center &amp; Recreation Office: 392 - 9030</i></p> 	<p><i>No person shall be denied or be subjected to discrimination under any program or activity receiving Federal assistance on grounds of race, color, sex, religion, national origin, disability, or marital status.</i></p>		
<p>4</p> <p><b>LABOR DAY</b></p> <p><b><u>CENTER CLOSED</u></b></p>	<p>5</p> <p>Broccoli Cheese Quiche</p> <p>Tomato Rice Soup</p> <p>Malibu Blend Vegetables</p> <p>12 Grain Bread</p> <p>Pineapple</p>	<p>6</p> <p><b><u>SR. EXPRESS</u></b></p> <p><b>TOPS</b></p>	<p>7</p> <p>Tacos w/ Ground Beef Cheese, Lettuce, Tomato Salsa &amp; Sour Cream</p> <p>Southwestern Chicken Soup</p> <p>Petite Banana</p>
<p>11</p> <p>Salisbury Steak w/ Mushroom Sauce</p> <p>Red Jacketed Potatoes</p> <p>Beets</p> <p>Wheat Bread</p> <p>Mandarin Oranges</p>	<p>12</p> <p>Meatballs, Pasta &amp; Sauce</p> <p>Tossed Salad</p> <p>Italian Dressing</p> <p>Tuscany Vegetables</p> <p>Breadstick</p> <p>Cantaloupe</p>	<p>13</p> <p><b><u>SR. EXPRESS</u></b></p> <p><b>WAL-MART (BROCKPORT)</b></p>	<p>14</p> <p>BBQ Pulled Pork on Bun</p> <p>Coleslaw w/ Pineapple</p> <p>Corn</p> <p>Peaches</p>
<p>18</p> <p>Chicken Stuffed w/ Broccoli &amp; Cheese</p> <p>Mashed Potatoes w/Gravy</p> <p>Spanish Style Lima Beans</p> <p>Rye Bread</p> <p>Applesauce</p>	<p>19</p> <p>Seafood Salad on Wheat Thinwich</p> <p>Vegetable Soup</p> <p>Romaine Spinach Salad French Dressing</p> <p>Apricots</p>	<p>20</p> <p><b><u>SR. EXPRESS</u></b></p> <p><b>OLLIES &amp; DOLLAR TREE GREECE</b></p>	<p>21</p> <p>Hot Roast Beef Sandwich w/Gravy</p> <p>Potato Leek Soup</p> <p>Broccoli</p> <p>Italian Bread</p> <p>Fresh Apple</p>
<p>25</p> <p>Italian Sausage w/ Onions Peppers on a Bun</p> <p>Beef Barley Veg. Soup</p> <p>Peas</p> <p>Pineapple</p>	<p>26</p> <p>Beef Stew/ Warm Biscuit</p> <p>Tossed Salad w/ Ranch</p> <p>California Vegetables</p> <p>Petite Banana</p>	<p>27</p> <p><b><u>SR. EXPRESS</u></b></p> <p><b>BIG LOTS &amp; GOODWILL GREECE</b></p>	<p>28</p> <p>BBQ Chicken ¼</p> <p>Navy Bean Soup</p> <p>Malibu Blend Vegetables</p> <p>12 Grain Bread</p> <p>Fruited Gelatin w/Whipped Topping</p>