



Menu

April 2018

Monday	Tuesday	Wednesday	Thursday
<p>2</p> <p>Chicken ala King Over Biscuit</p> <p>Coleslaw</p> <p>Carrots</p> <p>Pears</p>	<p>3</p> <p>Individual Meat Loaf w/Vegetable Gravy</p> <p>Steamed Potatoes</p> <p>Broccoli</p> <p>12 Grain Bread</p> <p>Fruit Cocktail</p>	<p>4</p> <p><u>SR. EXPRESS</u></p> <p>TOPS</p>	<p>5</p> <p>Braised Pork Chop w/Gravy</p> <p>Chicken Gumbo</p> <p>Smashed Potatoes</p> <p>Marble Rye Bread</p> <p>Warm Applesauce</p>
<p>9</p> <p>Breaded Haddock w/Tartar Sauce</p> <p>Coleslaw w/out Pineapple</p> <p>Peas</p> <p>Wheat Bread</p> <p>Fruit Cocktail</p>	<p>10</p> <p>Beef Stew Over Biscuit</p> <p>Tossed Lettuce w/French</p> <p>Green Beans</p> <p>Mandarin Oranges</p>	<p>11</p> <p><u>SR. EXPRESS</u></p> <p>WAL-MART (BROCKPORT)</p>	<p>12</p> <p>Sloppy Joes on Bun</p> <p>Corn</p> <p>Italian Blend Vegetables</p> <p>Pineapple</p>
<p>16</p> <p>Country Captain Chicken Over Brown Rice</p> <p>Tuscany Vegetables</p> <p>Lima Beans</p> <p>White Dinner Roll</p> <p>Apricots</p>	<p>17</p> <p>Potato Crusted Tilapia w/Tartar Sauce</p> <p>Coleslaw w/o Pineapple</p> <p>Mixed Vegetables</p> <p>Wheat Bread</p> <p>Peaches</p>	<p>18</p> <p><u>SR. EXPRESS</u></p> <p>GREECE RIDGE CENTER</p>	<p>19</p> <p>Broccoli & Cheese Topped Baked Potato</p> <p>Lentil & Black Bean Soup</p> <p>White Bread</p> <p>Petite Banana</p>
<p>23</p> <p>Goulash w/Ground Beef</p> <p>Green Beans</p> <p>Malibu Blend Vegetables</p> <p>Rye Bread</p> <p>Peaches</p>	<p>24</p> <p>Swedish Meatballs Over Brown Rice</p> <p>Scandinavian Vegetables</p> <p>Spinach</p> <p>Marble Rye Bread</p> <p>Fresh Orange</p>	<p>25</p> <p><u>SR. EXPRESS</u></p> <p>DOLLAR STORE SPENCERPORT</p>	<p>26</p> <p>Mild Chili</p> <p>Tossed Lettuce w/Ranch</p> <p>Wax Beans</p> <p>Oyster Crackers</p> <p>Fruit Cocktail</p>
<p>30</p> <p>Chicken Breast w/Lettuce Tomato & May on Bun</p> <p>Cabbage Beef Soup</p> <p>Tuscany Vegetables</p> <p>Pears</p>		<p><i>Senior Center & Recreation Office: 392 - 9030</i></p> 	<p><i>No person shall be denied or be subjected to discrimination under any program or activity receiving Federal assistance on grounds of race, color, sex, religion, national origin, disability, or marital status.</i></p>