

# Menu

# January 2018

Monday	Tuesday	Wednesday	Thursday
1 <b>CENTER CLOSED FOR HOLIDAY</b>	2 Chicken Cordon Bleu Mashed Potatoes w/Gravy Brussels Sprouts 12 Grain Bread Fruit Cocktail	3 <u><b>SR. EXPRESS</b></u>  <b>TOPS</b>	4 Swedish Meatballs Over Brown Rice Vegetable Soup Spinach Wheat Bread Mandarin Oranges
8 Meat Lasagna Green Peas California Vegetables Italian Bread Apricots	9 Ground Beef Tacos w/Shredded Cheese, Lettuce, Salsa, Tomato Sour Cream Southwestern Chicken Soup Peaches	10 <u><b>SR. EXPRESS</b></u>  <b>WAL-MART (BROCKPORT)</b>	11 BBQ Chicken ¼ Navy Bean Soup Coleslaw Wheat Bread Fruited Gelatin w/Whipped Topping
15 <u><b>CENTER CLOSED</b></u> <b>MARTIN LUTHER KING DAY</b>	16 BBQ Pulled Pork Corn Cauliflower Fresh Apple	17 <u><b>SR. EXPRESS</b></u>  <b>DOLLAR TREE GOODWILL (STONERIDGE PLAZA)</b>	18 Broccoli Cheese Quiche Tossed Lettuce w/Ranch Green Beans 12 Grain Bread Fresh Orange
22 Stuffed Pepper Tuscany Vegetables Corn Marble Rye Bread Pineapple	23 Veggie Meatball Sub Sandwich w/Sauce Minestrone Soup Oatmeal Raisin Cookie Fresh Orange	24 <u><b>SR. EXPRESS</b></u>  <b>KOHL'S</b>	25 Fajita Chicken Rice Bowl w/Cheese, Lettuce, Salsa Tomato, Sour Cream Beef Barley Veg. Soup Soft Flour Tortilla Kiwi
29 Italian Sausage on Bun w/Peppers & Onions Steamed Potatoes Wax Beans Mandarin Oranges	30 Hot Roast Beef Sandwich w/Gravy Tomato Florentine Soup Broccoli Rye Bread Pears	31 <i>No person shall be denied or be subjected to discrimination under any program or activity receiving Federal assistance on grounds of race, color, sex, religion, national origin, disability, or marital status.</i>	<p><i>Senior Center &amp; Recreation Office: 392 - 9030</i></p> 