

PARMA BAPTIST COMMUNITY CHURCH
“BE OUR GUEST!”
Respite Care



Caring for a person with Dementia, and Alzheimer’s disease comes with high physical, and emotional stress. The demands of day-to-day care can be difficult. Respite care **helps caregivers** get a break, and handle stress. **“Be Our Guest”** offers a no cost respite care for you and your loved one. **Fun Activities Arts and Crafts, and Lunch is provided.**

When: **First Saturday of each month** 4hrs.
10:00 am -2:00pm

Where: Parma Baptist Community Church
4997 Ridge Road West, Spencerport
NY 14559

How: Call Cindy Haslip 585-352-3344 for
reservations.

Volunteers trained by REST, and the Alzheimer’s Association
